

Location:
MKG Madison
4614 Femrite Dr. Madison, WI 53716

Seminar Cost: \$60 by April 7th, includes a staff (\$50 without the staff)

\$65 after April 7th includes staff (\$60 without the staff)

To Register: Call 608-222-0377 or email info@mkgmadison.com In this seminar, Guro Sell will offer a variety of training methods in the use of the short staff, including Sinawali, Abecedario and Sumbrada. We will cover a variety of tactics including grips, striking, defense, sectoring, disarms and sensitivity exercises from the bind. He will talk about tactics not only from Kali, but also from other Filipino, Indonesian, Japanese, Chinese, African, Middle Eastern, European and South American traditions.

For this seminar students will need a rattan staff of 50"-72" in length suitable for contact training. The cost of the seminar will include a staff, with a discount available for those who already have one.

Guro Sell will also be doing a special section on advanced tactics for Single Stick Sumbrada training. Don't miss this opportunity to add to your current training methods.